

# Psychiatric Nursing Made Incredibly Easy

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written in the award winning incredibly easy style this handy reference contains the latest information on 300 medical surgical disorders treatments and nursing interventions disorders are presented alphabetically using an easy to understand lighthearted approach

this is a handy reference book in the award winning incredibly easy style perfect for those entering or needing a refresher in critical care nursing critical care nursing is one of the most demanding and complex areas of nursing practice the critical care nurse has to be broadly specialized with a fluency in a wide range of interconnected concepts body system physiology pathophysiology and highly technical interventions while processing data from multiple sources all this in an environment where there is no room for error and seconds really do count

using the award winning incredibly easy style nutrition made incredibly easy second edition presents essential information on nutrition in a light hearted

and appetizing way coverage includes the physiologic processes that transform food into energy nutrient metabolism and recommended allowances assessment of nutritional status and the needs of special patient populations this edition incorporates the dietary guidelines for americans 2005 presents up to date information on diabetes and includes new appendices on fad diets and commonly used herbs and supplements logos include lifespan lunchbox age related considerations bridging the gap cultural considerations menu maven sample menus and nutritips nutritional pointers

presenting essential nursing fundamentals in an easy to read fun to learn format this resource provides comprehensive coverage of the theoretical foundations of nursing the nursing process basic nursing skills physiologic patient care and the latest nursing concepts includes illustrations cartoons and quizzes

anatomy physiology an incredibly easy workout features over 250 enjoyable practice exercises to help readers understand anatomy and physiology with ease a perfect companion to anatomy physiology made incredibly easy this workbook uses the light hearted incredibly easy writing style that makes learning and reviewing complex information less threatening and more fun chapters test the reader s knowledge of anatomic structures and physiologic processes for every body system as well as genetics chemical organization and fluid electrolyte and acid base balance readers begin each chapter with a brief warm up outline review and then maneuver through practice exercises including crossword puzzles matching games and labeling nurse joy and other host characters offer coaching and encouragement

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part of the popular lpn threads series this comprehensive text includes all of the vital medical surgical and anatomy and physiology content you need to know from an introduction to a p to discussions of disorders by body system and beyond adult health nursing 6th edition is an indispensable reference companion cd includes animations and audio clips depicting physiologic processes physical assessment video clips an english spanish glossary with definitions and audio pronunciations an anatomy coloring book and a fluid and electrolytes tutorial chapters begin with an overview of anatomy and

physiology providing a clear basic understanding of a p that lpn lvns need to know the consistent logical framework of the nursing process connects specific disorders to patient care safety alert boxes help you implement the joint commission s safety guidelines in all settings with considerations for special populations nursing diagnosis boxes screened and highlighted in the text include nursing diagnoses for specific disorders paired with the appropriate nursing interventions skills in a step by step format with full color illustrations present clearly defined nursing actions with rationales for the skills and techniques you ll use in practice medication tables are meticulously detailed and provide quick access to action dosage precautions and nursing considerations for commonly used drugs nursing care plans presented in a case study format emphasize patient goals and outcomes and end with critical thinking questions to develop your clinical decision making skills an emphasis on communication features real life examples of nurse patient dialogue and illustrates practical guidelines for effective communication patient teaching boxes and family teaching boxes include post hospital discharge guidelines and disease prevention instructions with a strong focus on three way communication among the nurse patient and family members life span considerations for older adults boxes provide age specific information for the care of the aging population which is often the primary focus of the lpn lvn nurse home care considerations boxes discuss the issues facing patients and caregivers in the home health care setting health promotion boxes provide key information on staying healthy and preventing disease with tips on wellness from healthy people 2010 cultural considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care complementary and alternative therapy boxes includes disorder specific therapies precautions and possible side effects of non traditional treatments enhanced focus on the nclex examination offers end of chapter get ready for the nclex examination sections with key points for self guided study and remediation and an extensive set of review questions for thorough self assessment additional review questions on evolve provide instant feedback with correct answer and rationale for even more test taking practice evidence based practice boxes summarize the latest research findings and highlight how they apply to lpn lvn practice updated vibrant full color design highlights key information and enhances your understanding of important concepts

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